

HORSE TRIALS & CROSS COUNTRY	
<b>Hat</b>	MUST wear a hard hat to at least the minimum standard, with a harness properly adjusted and fastened. Hats marked EN1384, PASO15:1998, ASTM F1163, BSEN14572:2005 or SEI. American standard SNELL E2001, ASTM 95, SNZ3838 1998. Skullcap hats must be worn with a silk. Fixed peaks are not permitted for cross country
<b>Jodhpurs &amp; Breeches</b>	White, cream or beige breeches or jodhpurs
<b>Boots</b>	Plain black or brown which may also be top boots or jodhpur boots. The boots should be a traditional style. Gaiters may be worn providing they are of identical leather to the boots and have no decoration of any sort
<b>Jackets, Shirts &amp; Body Protectors</b>	Sweatshirt or shirt. Hunting stock is recommended for safety. A body protector approved to Class 3 (Purple label) MUST be worn and should be fitted and worn as per the manufacturers' guidelines.
<b>Hair &amp; Jewellery</b>	No jewellery or any items worn in facial or body piercings are permitted. Hair must be neatly secured and MUST not hang lower than the shoulder line when standing normally.
<b>Gloves</b>	Gloves are recommended
<b>Whips</b>	MUST be between 45cm and 75cm and MUST not be weighted or with a hard point at the end.
<b>Spurs</b>	Spurs of excessively severe design may not be worn; such designs include spurs with necks set to inside of heel, spurs with roughened/cutting edges and serrated spurs with or without necks. Spurs with smooth rowels not exceeding 1cm are allowed. Spurs may only be worn in the traditional manner, with the curve, if any, of the neck of the spur directed downwards. Spurs with necks up to 3.5cm are allowed.
<b>Watches</b>	Watches capable of being started and recording time elapsed are FORBIDDEN in one day and cross country events only. Competitors are NOT permitted to take mobile phones onto the course when competing. No receiving, recording, transmitting or monitoring device may be used by a competitor during any phase in an competition.
<b>Medical Armbands</b>	Medical armbands are compulsory

## TACK & DRESS RULES - CROSS COUNTRY

### TACK:

The following **ARE** permitted:

- ❖ English type saddles
- ❖ Side saddles
- ❖ More than one noseband may be worn at a time
- ❖ Only one martingale (Irish or running) running **MUST** have rein stops
- ❖ Tongue guards that are properly made and detached from the reins and bits
- ❖ Bitguards provided that they are made of rubber and are smooth on both sides
- ❖ Boots and bandages
- ❖ Breastplates
- ❖ Neckstraps
- ❖ Anti fly impregnated browbands or fly repellent discs
- ❖ Numnahs and saddle cloths (logos must be no more than 14cm x 14cm)
- ❖ Stallions **MUST** wear a bridle tag

The following **ARE NOT** permitted:

- ❖ Saddle covers and seat savers
- ❖ Market Harborough's
- ❖ Side, draw, check or running reins
- ❖ Hackamores and other bitless bridles (juniors only)
- ❖ Blinkers or hoods which impede the horses vision
- ❖ Fine wire, twine or cord around the horses mouth
- ❖ Full faced fly shields
- ❖ Sheepskin cheekpieces
- ❖ Tongue straps

### DRESS:

- ❖ Jewellery or any items worn in facial or body piercings are **NOT** permitted
- ❖ Long hair hanging below the shoulder when standing **MUST** be in a hair net
- ❖ Collar and tie, polo necked sweater or hunting stock are permitted
- ❖ Black or brown polished gaiters with matching boots are permitted
- ❖ Gloves are permitted
- ❖ Body protectors (level 3) **MUST** be worn
- ❖ A hard hat with 3 point linkage harness to the appropriate standard **MUST** be worn or skull cap with silk. Hats with fixed peaks are **NOT** allowed on cross country
- ❖ Medical armbands are compulsory

### EQUIPMENT:

- ❖ Watches are **NOT** to be worn in one day events or hunter trials
- ❖ **NO** electronic devices may be worn
- ❖ Medical armbands **MUST** be worn
- ❖ Whips are permitted but **MUST** be between 45cm and 75cm
- ❖ Spurs with necks set on the inside of the heel, roughened or cutting edges serrated spurs with or without necks are **NOT** permitted
- ❖ Spurs **MUST** be worn with the curve of the neck directed downwards#
- ❖ Seniors may wear smooth rowels not exceeding 1cm in diameter
- ❖ Spurs that have a smooth rotating rubber or plastic ball on the shank are permitted
- ❖ Spurs must **NOT** exceed 3.5cm